



# Trigger List:

This Book Contains (But Is Not Limited To):

- A consensual but deeply questionable kidnapping Dubious consent that takes a long, messy road to get clarified.
- BDSM so intense you may need a glass of water and a safe word just reading it.
- A charming psycho with a label maker, a leather collar, and a dream.
- Heavy religious trauma, shame, and the soul-crushing kind of guilt (don't worry, we unbutton all that real quick).
- One heroine's spiral from "I shouldn't like this" to "yes please, more".
- Power exchange, punishment, possessiveness, and the delightfully dangerous line between love and control.
- Long looks, longer leashes, and just enough aftercare to keep your conscience twitching.
  - Food play, pussy worship, ass play, steamy showers, electro-stimulation, spankings, bondage, and... emotional dependency as foreplay.
  - Trauma bonding... but with orgasms.
- Absolutely zero respect for the safe/sane/consensual rulebook (this is Risk-Aware Consensual Kink—or at least it tries to be).

Plot? Oh yeah. But you came for the collar, didn't you?

# Content Warning / Trigger List:

This book contains graphic and potentially distressing content, including:

Abduction / Kidnapping (central to the plot)

Dubious Consent / Non-consensual elements

Power Imbalance & Psychological Manipulation

BDSM Dynamics including:

Spanking, caning, belting,

Orgasm control & denial

Bondage & restraint,

Electro-stimulation

Degradation, humiliation, & punishment

Ownership dynamics, collaring, and behavioral protocols Religious Trauma and internalized shame

Mentions of arranged marriage / forced heterosexual norms

Emotional dependency / trauma bonding themes

Explicit Sexual Content including oral, penetrative, and kink-focused scenes

Mentions of past relationships with implied coercion or abandonment

Implied sex trafficking (in the epilogue / backstory context)

Manipulation disguised as care and emotional intimacy

This story contains intense emotional dynamics, dark eroticism, and explores unhealthy behavior patterns within a fictional context. Reader discretion is strongly advised.

This is intended for 18+ audiences only.

## *Your Mental Health Matters*

For anyone struggling with mental health or feeling unsafe:

Mental Health Crisis Hotline (U.S.)

988 (Call or Text)

Get connected to free, confidential support anytime.

You are not alone. Help exists—and hope does too.

## From Fiction to Fact

While *Twisted in the Darkness* is a work of fiction, the themes within—coercion, captivity, manipulation, and power imbalance—reflect real horrors experienced by victims of human trafficking.

Human trafficking is a global crisis that affects millions. It does not always look like chains or locked doors.

It can look like manipulation, grooming, false promises, and control masked as love.

If you or someone you know is being trafficked  
—or you suspect it—  
please contact:

National Human Trafficking Hotline (U.S.)

📞 1-888-373-7888 (24/7 confidential support)

✉️ Text "BEFREE" (233733)

🌐 [humantraffickinghotline.org](http://humantraffickinghotline.org)

Your call could save a life.

Your voice could break a chain.

# Coercion Isn't Faith

When belief becomes control, it's no longer sacred. Religious extremism, cultic manipulation, and spiritual abuse can leave lasting emotional, psychological, and physical scars. If you've been part of a high-control religious group or know someone who might be, you're not alone—and there is help.

## Recognizing Religious Coercion:

- Are questions met with punishment or shame?
- Is isolation from family or the outside world encouraged?
- Do you feel fear, guilt, or unworthiness unless you comply?
- Are your choices, body, or future dictated by a leader or doctrine?
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These are not signs of healthy spiritual practice.

## Support & Recovery Resources:

 International Cultic Studies Association (ICSA)

For survivors, families, and professionals seeking  
information or recovery support

 [icsahome.com](http://icsahome.com)

 People Leave Cults

Offering outreach, exit counseling, and survivor-  
informed support

 [peopleleavecults.com](http://peopleleavecults.com)

 Reclamation Collective

Faith deconstruction and trauma-informed healing  
community

 [reclamationcollective.com](http://reclamationcollective.com)